

Efficacy Questionnaire

For each statement below, circle the number that best represents your degree of **confidence** with every patient encounter.

I am confident that I can:	Strongly disagree	Disagree	Unsure	Agree	Strongly agree
1. Indicate the time available for the interview	1	2	3	4	5
2. Obtain a list of all issues the patient wants to discuss	1	2	3	4	5
3. Use open-ended skills to obtain a description of the patient's physical symptoms	1	2	3	4	5
4. Use open-ended skills to develop a general personal context of the physical symptoms	1	2	3	4	5
5. Use emotion-seeking skills to develop an emotional focus	1	2	3	4	5
6. Respond to emotion by naming, understanding, respecting, and supporting it	1	2	3	4	5
7. Recognize when my own negative emotional reactions to the patient occur	1	2	3	4	5
8. Give bad news, such as a cancer or AIDS diagnosis, to a patient	1	2	3	4	5
9. Determine if a patient is ready to change an adverse health habit, such as smoking	1	2	3	4	5
10. Inform and motivate patients to change adverse health habits, such as smoking	1	2	3	4	5
11. Conduct a complete diagnostic history in a psychiatric patient	1	2	3	4	5
12. Diagnose a patient as somatization (unexplained symptoms)	1	2	3	4	5
13. Distinguish unipolar from bipolar depression	1	2	3	4	5
14. Initiate effective treatment in a newly diagnosed patient with bipolar depression	1	2	3	4	5
15. Diagnose and manage a suicidal patient	1	2	3	4	5
16. Treat a patient with disabling chronic pain where there is no underlying disease explanation for the pain	1	2	3	4	5
17. Identify misuse of alcohol and prescription opiates	1	2	3	4	5
18. Treat misuse of prescription opiates	1	2	3	4	5
19. Know and can utilize community resources, including mental health referral, for managing patients with mental health problems	1	2	3	4	5
20. Work effectively with nurses and other caretakers	1	2	3	4	5